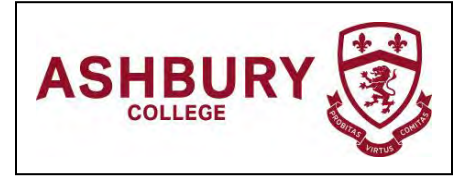




Ashbury College and Brown's 2018-2019 Meal Plan For Day Students



---Ashbury has been awarded the City of Ottawa "Eat Smart" certification for healthy, nutritional menus---

Each student is issued a student card at the beginning of the school year. As well as providing access to the building, this card is linked to each student's cafeteria account and is used to make food purchases. Lost cards can be deactivated once reported missing to the School Store. They are replaced at a cost of \$25.00 each. For reports on cafeteria purchases or to check an account balance, please contact the school store.

The lunch meal plan includes the following prepared food items:

- 1 serving of a hot entrée with side, deli sandwich, or pizza/hot sandwich
- 1 serving of soup
- 1 serving of salad
- 1 serving of dessert or fresh fruit
- Fountain beverages (juice or milk)

The cost of the lunch meal plan for the 2018-2019 academic year is \$1,300 and recommended for students who will be eating lunch in the cafeteria on a regular basis.

Flex dollars are the better option for students who bring their lunch but use the cafeteria on occasion. Flex dollars can be used to buy all the same prepared foods that the meal plan offers as well as any pre-packaged foods that are NOT part of the meal plan such as:

- Pre-packaged salads, sandwiches
- Pre-packaged cheese, yogurt
- Bottled drinks
- Sushi
- Pre-packaged snacks (granola bars, sunchips, popcorn, etc.)

Flex Dollars may also be used by students on the meal plan for these pre-packaged items NOT included in the plan, or any purchases made outside of the lunch hour (i.e. breakfast or afternoon snacks). The weekly menu is posted in the servery and on the Ashbury website.

Flex dollars work like credit. A limit is applied to each student's cafeteria account and the total amount of flex dollars used each month will be billed to the student account at the end of that month. Different credit limits are available.

Please complete the sign-up sheet and return it to the school store no later than August 10, 2018 if you would like your child to participate in the meal plan or optional flex dollars.

For questions relating to the meal plan or flex dollars, please contact the School Store
phone (613) 749-9630 ext. 304
email schoolstore@ashbury.ca

Meal Plan/Flex Dollar Sign-up Sheet – 2018-2019

Student Name: _____ Grade for 2018-19: _____

Student Name: _____ Grade for 2018-19: _____
(Please print)

MEAL PLAN:

To participate in the lunch meal plan, please indicate by checking and signing below. The full cost of the meal plan (\$1,300) will be charged to your son/daughter's student account on October 31, 2018. You may opt in/out of the meal any time before October 31, 2018. Partial charges will be applied accordingly.

Yes, please add _____ to the 2018-19 lunch meal plan
(Student name)

Yes, please add _____ to the 2018-19 lunch meal plan
(Student name)

*** Refunds are not available for missed meals purchased as part of the meal plan.

Parent's Signature: _____

FLEX DOLLARS:

Flex dollar usage will accumulate on a monthly basis. At the end of each month, the accrued amount will be billed to the student account and payable by the invoice date. The cafeteria account will be reset to zero. To participate in the flex dollar plan, please indicate your chosen credit limit for your child(ren) and sign below.

Four monthly credit limits are available: \$25/month, \$50/month, \$150/month, Unlimited monthly credit

Yes, please add _____ to the \$ _____/month 2018-19 flex dollar plan
(Student name) (Plan)

Yes, please add _____ to the \$ _____/month 2018-19 flex dollar plan
(Student name) (Plan)

*** It is the responsibility of the student to inform their parent when they are low on flex dollars. If the student reaches their credit limit before month-end, parents may increase the credit limit by contacting the School Store with authorization.

Parent's Signature: _____

Please return to the School Store
Ashbury College, 362 Mariposa Avenue, Ottawa, Ontario, K1M 0T3
schoolstore@ashbury.ca